



# CHRIST COLLEGE (AUTONOMOUS)

Affiliated to University of Calicut and Accredited by NAAC 'A' Grade  
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## Health Education

### (Value Added Certificate Course)

Course Code: CVAC014 -

#### Summary Report 2018-19

The course started on August 27, 2018. There were 84 students and 81 students completed the course. The course was of 30 hrs duration. Students enjoyed the course and attended very interestingly. The suggested for more such classes in future which have a direct influence upon their daily life.

#### Course Outcome:

- Understand ways to promote health and practice positive health behaviors.
- Recognize the relationship between behaviors and healthy development.

Coordinator: Ms. Ambily K.M.



Fr. Dr. Jolly Andrews  
Assistant Professor-  
In-charge of Principal  
Christ College (Autonomous)  
Irinjalakuda